

A new supervision group for experienced therapists and counsellors

Thursday afternoons 2.15pm to 4.15pm monthly, in Winchester

This new group-analytic supervision group is for therapists and counsellors with a minimum of two years' practice experience, and will use the resources of the group to gain a rich picture of our therapeutic work. It meets for two hours monthly, and is limited to a maximum of four [4] members, to ensure attention to everyone's work.

Who is the group for?

Therapists/ counsellors who are interested in learning from and with others about our work, and our use of our selves in the work; practitioners who wish to engage in a dynamic learning process with peers.

Therapists and counsellors from a range of professional backgrounds are positively welcomed, because the aim of the group is to offer and to value a wide range of perspectives. The minimum experience criterion is designed to promote equality and balance in the group's working.

What can the group offer?

Supervision in a group-analytic group offers elements harder to achieve in one-to-one supervision. Meeting together with peers for supervision offers

- an opportunity for broader learning and richer exchange of ideas, leading to greater professional range
- an opportunity to engage richly with the intersubjective and relational elements of the material, and understand the underlying dynamics more fully through the reflection process in the group
- an opportunity for peer support to combat the isolation inherent in the work
- over time, the development of a learning community which supports and enriches professional development
- a boundaried experience of how we use our selves in our therapeutic work.

Being supervised in a group allows for rich and broad learning, using the multi-faceted resources of the supervision group to understand our work more fully. Each member learns in depth, not only from their own work but also from the work of other members, through the medium of the group.

Who is the group supervisor?

Christine Thornton is a group analyst [Member of the Institute of Group Analysis] with 20+ years' experience of supervising and of conducting all kinds of groups. She is a member of BAPPS [British Association for Psychoanalytic and Psychodynamic Supervision] with two completed supervision trainings, one focused on individual work and one on groups. She has a clinical practice based in Winchester, and alongside an established practice in organisational consultancy and coaching. There is more information about Christine and about group analysis at www.groupworks.org.uk, and at www.thorntonconsulting.org for organisational work.

What are the practical arrangements and how long am I committed?

The group will meet on Thursday afternoons, in Winchester, from 2.15pm to 4.15pm..

Groups need time to settle and work together effectively, and so if you wish to join we will ask you to commit for ten months. After that we ask for two months' notice when you leave.

The cost of supervision is £55.00 per session. If you pay six months in advance, there is a 15% reduction, so that the fee for six months is £280.50, or £46.75 per session. Fees are reviewed in line with inflation in September each year.

How do I join the group or find out more?

For more information and an application form, follow the link on www.groupworks.org.uk, call us on 01962 620573, or email hello@groupworks.org.uk

If you would like to discuss anything about the group before applying, telephone 01962 620573 or email to christinet@groupworks.org.uk

When we have received your application, we will make contact with you to arrange to meet one-to-one. There is no commitment on either side until after that meeting.